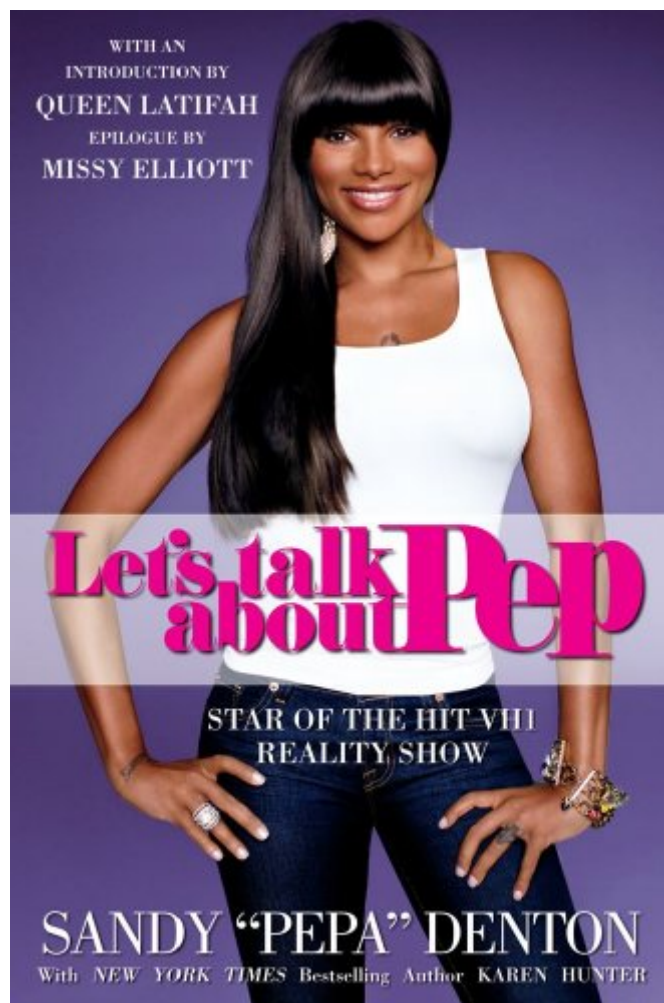


The book was found

Let's Talk About Pep



Synopsis

She's the spiciest ingredient in the legendary rap group Salt-N-Pepa, and the outspoken star of VH1's smash-hit reality show. She's Sandy "Pepa" Denton -- and she's never at a loss for words. Now, in her first tell-all book, Pepa talks about sex, music, life, love, fame, and so much more....

"Most of you know me as Pep, or Pepa, the fun-loving half of Salt-N-Pepa. I am the party girl, the one who is down for whatever. But behind the laughs and the smiles is a whole lot of pain." Funny, fearless, and full of life, Sandy "Pepa" Denton is a pop culture icon whose remarkable story is every bit as captivating and provocative as her Grammy Award-winning music. This is the real Pepa -- upfront, uncensored, unstoppable -- and these are the memoirs of a true pioneer, fighter, survivor, and inspiration to women everywhere. For the first time, Pepa talks about:

- Her troubled childhood
- Surviving abuse
- Her first encounters with Cheryl "Salt" James
- Salt-N-Pepa's instant success
- Her failed marriages and her escape from domestic abuse
- Her "breakup" with Salt and their eventual "reunion"
- Her triumphant comeback on the VH1 reality shows *The Surreal Life*, *Fame Games*, and *The Salt-N-Pepa Show*

Filled with surprising insights, outrageous anecdotes, and celebrity cameos -- including Queen Latifah, Martin Lawrence, Janice Dickinson, Omarosa, Missy Elliott, L.L. Cool J, supermodel Caprice, Ron Jeremy, Lisa "Left Eye" Lopez, "Spinderella," and many others -- *Let's Talk About Pep* offers a fascinating glimpse behind the fame, family, failures, and successes of celebrity...and into the faithful heart of a woman who will always value the good friends she found along the way. In the words of Sandy "Pepa" Denton, "there's no walking away from that."

Book Information

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Customer Reviews

It was interesting to learn something new about Pepa from Salt and Pepa. I didn't know much about her beforehand. It's similar to Faith Evans's "Keep The Faith". Both these women made stupid choices in their lives and wasn't scared to tell the world how stupid they were and how they supposedly learned their mistake. I feel that Pepa has a way to go but this book is pretty old.

It's ok. It didn't hold my interest long enough to keep reading it like I normally do. I put it down and it took a while to go back to it.

I surprised my daughter with this. she's looking forward to reading, since she's nuts about the Shoop song.. I'll read when she's done. Sounds like a great recounting of her life and career.

Good read! Kind of like sitting in front of Pep and listening to her speak. I'm glad the extra writer didn't take away from her story by removing the fact Pep like most of us we have stories that run into one another. I'm glad Pep shared her story!

Great read. Nice to read about the 'realness' of a celebrity. Too many people idolize stars who are either in the music business, sports, movies, etc. forgetting that these same people once were and will once again be regular people.

It was a great book. To see all see when thru. It was a great read I couldn't put it down

I loved her true life story. I felt her pain and her triumphs. I can relate to a lot of what she has been through. It proves that celebrities have troubles in life just like everyone else. I have always been a fan of Pepa!

Very good read. Loved every minute of this book

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Creative Pep Talk: Inspiration from 50 Artists
Pick Me Up: A Pep Talk for Now and Later
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How to Talk Dirty: Make Him Explode
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